

## WHO CAN ACTIVE PLAY THERAPIES HELP?

- ★ Do you have a child that has additional needs?
- ★ Are you a teacher, carer or professional looking for help and advice for the children that you support?



## ACTIVE PLAY THERAPIES CAN HELP!

We can provide individual assessments, parents training courses, school training and therapy.

We can adapt any of our interventions to meet your needs.



## ALL ABOUT US

Amelia Bray and Anna Willis are fully trained Occupational Therapists, with additional post-graduate specialist training. They utilise their skills to support the development of children through to adulthood.



AMELIA

Amelia has considerable experience working with children with challenging behaviour and learning disabilities. Amelia is a certified play therapist and has a special interest in children's mental health, using a wide range of assessment and observations to help understand the child's difficulties.

Amelia using a variety of approaches including sensory integration and play therapy to help build a relationship with children and help them overcome their difficulties.



ANNA

Anna has post graduate Sensory Integration training and experience, and has worked with children and adults with a range of difficulties, in particular those with Autistic Spectrum Conditions and learning disabilities.

Anna believes that play is crucial to successful therapy and incorporates a playful approach to therapy. Anna is particularly interested in children who are 'picky eaters' and has successfully worked with children and their parents to increase the range of foods they will eat.

## OUR VALUES

- ★ We believe that all children and young individuals have the right to **live meaningful and fulfilling lives**. We pride ourselves on working alongside the child or young person to help them overcome any difficulties.
- ★ We believe that sharing our knowledge and experience through our **training services** can support both professionals and parents to **better understand** the children and young people they support.
- ★ We believe that with support all children can **reach their potential**. Through using a variety of approaches, we hope to provide a service that is as **unique** as the children, young people, families and professionals that we work with.
- ★ We believe **communication** is key. We are always happy to work alongside any professionals and provide a written report of our work as standard.



## HOW WE CAN HELP

We are able to tailor any of the services below to meet your needs and we would be happy to discuss your specific requirements.

### WE CAN PROVIDE:

- ★ Individual Occupational Therapy assessments
- ★ Sensory Integration Assessments and therapy
- ★ Play Therapy with a certified Play Therapist
- ★ Education, support and advice regarding children's mental health difficulties.

### TRAINING:

We provide Sensory Integration training for professionals, parents and carers at various locations across the county.

### SCHOOL TRAINING:

Workshops, courses or one off evenings can be provided flexibly to meet your needs.

We have an established training programme called 'Learning Sensationally' that we deliver to schools to help teachers and support staff understand the sensory needs of their children and provide strategies to help improve attention and learning.



## GETTING IN CONTACT

Asking for help and support can for some people be a frightening and scary experience. However, we are a friendly pair and have extensive experience working with troubled or struggling children, young people and families.

There are several ways to get in contact with us:



via our online contact form at [www.activeplaytherapies.com](http://www.activeplaytherapies.com)



via email at [activeplaytherapies@outlook.com](mailto:activeplaytherapies@outlook.com)



via our Facebook page "Active Play Therapies"



or by phone on 07719 272 897

We look forward to hearing from you, no question is too big or small!

# ACTIVE PLAY THERAPIES



Occupational Therapy for children with sensory or mental health difficulties in Dorset.

[WWW.ACTIVEPLAYTHERAPIES.COM](http://WWW.ACTIVEPLAYTHERAPIES.COM)

